

# MEDICAL HISTORY

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_

Date \_\_\_\_\_

**Medical History:** To be filled out by patient and reviewed by your physician. Information on the history and physical examination is confidential and released only to persons you authorize in writing.

**Allergies to Medication** \_\_\_\_\_

**Past Medical History** Major Illnesses (list, date) \_\_\_\_\_  
 Surgeries (appendix, tonsils, gallbladder, hysterectomy, etc, date) \_\_\_\_\_  
 Hospitalizations (list, date) \_\_\_\_\_  
 Accidents/Injuries (list, date) \_\_\_\_\_  
 Current Medications and dosages \_\_\_\_\_

**Immunizations** Date of last tetanus \_\_\_\_\_  
 Date of Pneumococcal \_\_\_\_\_  
 Date of Hepatitis B vaccine \_\_\_\_\_

**Habits** Smoking \_\_\_\_\_ packs per day. Use of chewing tobacco \_\_\_\_\_  
 Alcohol \_\_\_\_\_ drinks per day.  
 Drugs \_\_\_\_\_ type; \_\_\_\_\_ frequency of use  
 Diet \_\_\_\_\_ number of meals per day  
 Exercise \_\_\_\_\_ hours/week; \_\_\_\_\_ type of exercise  
 Do you use seatbelts? \_\_\_\_\_ Do you use sunscreen? \_\_\_\_\_  
 Do you use a bicycle helmet? \_\_\_\_\_  
 Any special dietary restrictions? \_\_\_\_\_

**Social History** School \_\_\_\_\_ Occupation \_\_\_\_\_  
 Outside activities \_\_\_\_\_ Marital status \_\_\_\_\_  
 Who lives in your home? \_\_\_\_\_ Do you feel safe at home? \_\_\_\_\_

**Travel** Have you been outside the US? \_\_\_\_\_  
 If so, where? \_\_\_\_\_  
 When? \_\_\_\_\_

**Family History**

|          | √ Living | √ Age of Death | Medical Problems of this Relative |
|----------|----------|----------------|-----------------------------------|
| Father   |          |                |                                   |
| Mother   |          |                |                                   |
| Siblings |          |                |                                   |

**Who in your family has had** (Please list relationship, i.e. mother/father/MGM-maternal grandmother, etc.) :

|                          |              |                   |                 |
|--------------------------|--------------|-------------------|-----------------|
| Diabetes                 | Seizures     | Migraine          | Other cancer    |
| Kidney disease           | Tuberculosis | Breast cancer     | Stroke          |
| Heart attack             | Angina       | Intestinal cancer | Ulcers          |
| High blood pressure      | Alcoholism   | High cholesterol  | Thyroid disease |
| Hepatitis                | Asthma       | Osteoporosis      | Gallstones      |
| Depression/mood disorder |              | Other _____       |                 |

**Occupational Exposures (asbestos, etc.):**

**Procedures:**

|             |      |       |
|-------------|------|-------|
| Colonoscopy | Year | _____ |
| Mammogram   |      | _____ |
| Pap smear   |      | _____ |

**Review of Systems** (Please put a ✓ for any question that pertains to you at this time.)

|                          |   |  |   |
|--------------------------|---|--|---|
| <b>General</b>           | Recent change in weight<br>Fatigue<br>Nervousness/anxiety<br>Insomnia<br>_____ What is your desired weight?   | Change in appetite<br>Fever<br>Depression<br>Do you think you have an eating disorder?   | Have you ever put drugs in your veins<br>Weakness<br>Do you have any risk factors for AIDS?<br>Have you ever vomited for weight control?  |
| <b>Skin</b>              | Rashes<br>Changes in hair or nails  | Lumps<br>Changes in color or size of mole  | Itching<br>Unusual skin moles/growths   |
| <b>Head</b>              | Headaches   | Head Injury  |   |
| <b>Eyes</b>              | _____ Date of last eye exam<br>Pain<br>Glaucoma   | Difficulty with vision<br>Redness  | Glasses or contact lenses<br>Double vision  |
| <b>Ears</b>              | Decreased hearing<br>Earache<br>Perforation   | Ringing<br>Infection<br>Hearing aid used   | Dizziness<br>Discharge  |
| <b>Nose &amp; Throat</b> | _____ Date of last dental exam<br>Frequent sore throats<br>Sinus problems   | Bleeding gums<br>Hoarseness  | Nose bleeds<br>Sores in mouth   |
| <b>Neck</b>              | Lumps   | History of radiation to thyroid gland  |   |
| <b>Breasts</b>           | Lumps   | Pain   | Nipple discharge  |
| <b>Respiratory</b>       | Wheezing<br>Pneumonia   | Cough<br>Asthma<br>Short of breath   | Sputum<br>Blood in sputum<br>Bronchitis   |
| <b>Cardiac</b>           | Heart Murmur<br>Shortness of breath   | High blood pressure<br>Skipped beats   | Chest pain  |
| <b>GI</b>                | Trouble swallowing<br>Bulimia<br>Black stool<br>Use of laxatives<br>Hernia  | Vomiting<br>Change in bowel habits<br>Constipation<br>Hepatitis<br>Barium enema/Colonoscopy  | Nausea<br>Blood in stool<br>Diarrhea<br>Anorexia  |
| <b>Urinary</b>           | Frequency<br>Urinating at night<br>Urinary infections   | Urgency<br>Blood in urine<br>Stones  | Burning<br>Hesitancy<br>Incontinence  |
| <b>Musculo skeletal</b>  | Joint pain  | Joint stiffness  | Back pain   |
| <b>Neuro</b>             | Fainting  | Blackouts  | Seizures  |
| <b>Endocrine</b>         | Thyroid trouble<br>Excess thirst  | Heat or cold intolerance<br>Excess hunger  | Diabetes<br>Excess urination  |
| <b>Heme</b>              | Anemia  | Have you ever had a blood transfusion?   | Bleeding tendency   |
| <b>Male</b>              | Discharge from penis<br>Testicular pain<br>Sex with men   | Sores on penis<br>Testicular masses<br>History of sexually transmitted diseases<br>_____ How often do you examine your testicles for masses? | Do you use condoms every time you have intercourse?   |
| <b>Female</b>            | _____ Age menses began<br>_____ Date of last menses<br>_____ # of pregnancies<br>_____ # of deliveries<br>_____ # of abortions (spontaneous or induced)<br>_____ Birth control method | Menses every _____ days<br>Spotting between periods<br>Itching<br>DES exposure<br>_____ How often do you examine your breasts?               | _____ Days of bleeding<br>_____ Date of last bone density<br>History of sexually transmitted disease?<br>Vaginal discharge<br>Are condoms used every time you have intercourse? |

**REVIEWED BY:** \_\_\_\_\_

**DATE:** \_\_\_\_\_